



Renaissance
College

Hong Kong

啓新書院

sodexo
at SCHOOL

MAKE YOUR VOICE HEARD
Every voice matters

GIVE YOUR FEEDBACK TO US



 SCAN THIS QR CODE  SPEAK TO A STAFF MEMBER

MENU MECHANISM

NUTS FREE
All our meals are Nuts Free

CAGE FREE
All our eggs are Cage Free

MADE IN HONG KONG
Discover Locally Made products

HK GROWN LOCALLY
Savor Low Carbon footprint produce

50 FUTURE FOOD
Ingredients good for Planet & Health

GO & ENJOY
OK BUT THINK
BE CAUTIOUS

All our menus are reviewed by our nutritionists and tailored to the nutritional requirements of specific age groups.

Our **Food Traffic Light** will guide students in making informed meal choices.

ALLERGEN ALERT & FOOD ICONS

MILD SPICY **VG VEGAN** **VE VEGETARIAN**

ALLERGEN DAIRY **ALLERGEN EGG** **ALLERGEN FISH** **ALLERGEN SHELLFISH**

A Healthy and Balanced Diet Every Day!

Sign up for our e-Newsletter

Scan QR code to follow & visit us

 **Sodexo Hong Kong Website**

 **Sodexo Instagram**

DISCLAIMER:

Our kitchen handles common allergens like gluten, soy, milk, eggs, fish, and seafood.

While we take every precaution to minimize cross-contamination within our kitchens, it may arise due to factors beyond our control and could alter the accuracy of allergen information provided.

October 2026

Secondary School Menu

sodexo

	28/09 Monday	29/09 Tuesday	30/09 Wednesday	01/10 Thursday	02/10 Friday
Main Course A					(Vegetarian) Miso Glazed Tofu & Mushroom with Rice 
Main Course B					Chicken & Corn Pizza  
Carving					N/A
Chef Special					Beef Stroganoff with Pasta
Side Vegetables					Peking Cabbage & Shitake Mushroom



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Allergens and descriptive icons are displayed on our daily menu, helping students to make informed dietary choices



From cage-free eggs to low-carbon footprint produce, sustainability is incorporated throughout our menus



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Secondary School Menu



	05/10 Monday	06/10 Tuesday	07/10 Wednesday	08/10 Thursday	09/10 Friday
Main Course A	(Vegan) Teriyaki Tofu with Vegetable Rice 	(Vegetarian) Vegetable Moussaka with Potatoes  	(Vegetarian) Curried Red Kidney Beans and Cauliflower with Rice  	(Vegan) Sichuan Mapo Tofu with Rice (non-spicy) 	(Vegetarian) Taiwanese Tofu with Egg & Rice  
Main Course B	(Vegetarian) Spinach Frittata with Potatoes  	Thai Style Curry Chicken with Rice 	Stir-fried Beef with Onion on Rice	Braised Chicken & Potatoes with Rice	Pepperoni Cheese Pizza 
Carving	Hainanese Chicken with Turmeric Rice	Spinach & Cheese Stuffed Pork Loin with Herbed Potato 	Malaysia Chicken Skewer with Nasi Lemak (Nuts-free) 	Korean Spicy Spring Chicken with Potatoes	N/A
Chef Special	Pork Chop in Onions Gravy with Rice	Fried Fish Fillet in Sweet Corn Sauce with Pasta 	Fish Pie with Herbed Potatoes  	Stir-fried Pork Chop with Maggi Seasoning Sauce Herbed Potatoes	Honey Garlic Pork with Rice
Side Vegetables	Choi Sum & Carrot	Cauliflower & Green Beans	Green Cabbage & Carrot	Bok Choy & Zucchini	Peking Cabbage & Shitake Mushroom



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	12/10 Monday	13/10 Tuesday	14/10 Wednesday	15/10 Thursday Germany - Ethnic Gourmet	16/10 Friday
Main Course A	(Vegan) Braised E-fu Noodles & Vegetables with Marinated Tofu 	(Vegetarian) Baked Cheese Broccoli & Cauliflower with Pasta  	(Vegetarian) Mac & Cheese  	(Vegan) Kartoffelpuffer (German Potato Pancakes)  	(Vegetarian) Mushroom & Cheese Pizza   
Main Course B	(Vegetarian) Vegetables Lasagna   	Chicken Arrabbiata with Pasta	Roasted Cajun Chicken with Potatoes	German Chicken Schnitzel with Fries 	Chicken A La King with Pasta 
Carving	Jumbo BBQ Chicken Cheeseburger with Fries 	Texas Roasted Beef & Coleslaw with Roasted Potatoes	Pork Wellington with Roasted Potatoes  	German Pork Knuckle with Rice 	N/A
Chef Special	Honey Glazed Pork with Rice	Pork Chop in Black Vinegar Sauce with Rice	Stir-fried Kimchi & Pork Belly with Rice	Banger & Mashed Potatoes  	Baked Lemongrass Pork Jowl with Rice
Side Vegetables	Choi Sum & Carrot	Cauliflower & Green Beans	Green Cabbage & Carrot	Bok Choy & Zucchini	Peking Cabbage & Shitake Mushroom



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	26/10 Monday	27/10 Tuesday	28/10 Wednesday	29/10 Thursday Shanghai - Ethnic Gourmet	30/10 Friday
Main Course A			(Vegetarian) Stir-fried Noodle with Egg & Vegetables  	(Vegan) Shanghai Style Fried Noodles with Vegetables  	(Vegetarian) Scrambled Eggs & Tomato with Rice  
Main Course B			Black Bean Garlic Sauce with Chicken and Rice	Shanghai Style Kung Pao Chicken (Nuts-free) 	Honey Soy Chicken with Rice
Carving			Beef Sirloin with Herbed Potatoes	Hong Shao Rou with Rice (Braised Pork Belly) 	N/A
Chef Special			Grilled Duck Breast in Black Vinegar Sauce with Potatoes	Shanghai Style Crispy Pork Chop with Vegetables Rice 	Teriyaki Pork Loin with Roasted Potatoes
Side Vegetables			Green Cabbage & Carrot	Bok Choy & Zucchini	Peking Cabbage & Shitake Mushroom



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