



Renaissance
College

Hong Kong

啓新書院

sodexo
at SCHOOL

MAKE YOUR VOICE HEARD
Every voice matters

GIVE YOUR FEEDBACK TO US



 SCAN THIS QR CODE  SPEAK TO A STAFF MEMBER

MENU MECHANISM

NUTS FREE
All our meals are Nuts Free

CAGE FREE
All our eggs are Cage Free

MADE IN HONG KONG
Discover Locally Made products

HK GROWN LOCALS
Savor Low Carbon footprint produce

50 FUTURE FOOD
Ingredients good for Planet & Health

GO & ENJOY
OK BUT THINK
BE CAUTIOUS

All our menus are reviewed by our nutritionists and tailored to the nutritional requirements of specific age groups.

Our **Food Traffic Light** will guide students in making informed meal choices.

ALLERGEN ALERT & FOOD ICONS

MILD SPICY **VG VEGAN** **VE VEGETARIAN**

ALLERGEN DAIRY **ALLERGEN EGG** **ALLERGEN FISH** **ALLERGEN SHELLFISH**

A Healthy and Balanced Diet Every Day!

Sign up for our e-Newsletter

Scan QR code to follow & visit us

 **Sodexo Hong Kong Website**

 **Sodexo Instagram**

DISCLAIMER:

Our kitchen handles common allergens like gluten, soy, milk, eggs, fish, and seafood.

While we take every precaution to minimize cross-contamination within our kitchens, it may arise due to factors beyond our control and could alter the accuracy of allergen information provided.

September 2026

Secondary School Menu

sodexo

	31/08 Monday	01/09 Tuesday	02/09 Wednesday	03/09 Thursday	04/09 Friday
Main Course A		(Vegetarian) Steamed Eggs and Mushroom with Red Rice  	(Vegetarian) Scrambled Eggs & Tomato with Rice  	(Vegan) Stir-fried E-fu Noodle with Vegetables & Mushroom 	(Vegetarian) Spanish Vegetable Paella with Rice 
Main Course B		Garlic & Chicken with Rice	Sweet and Sour Fish with Pasta 	Caribbean Beef Stew with Pasta	Korean Chicken Pizza 
Carving		Texas Style Roasted Sirloin Beef with Herbed Potatoes 	Spinach & Cheese Stuffed Chicken with Potatoes 	Slow Cooker Country-Style Pork Ribs with Potatoes	N/A
Chef Special		Pork Chop Piccata & Caper Cream Sauce with Herbed Potatoes 	Pork Chop in Chinese Black Vinegar Sauce with Red Rice	Grilled Pork Chop with Mushroom Gravy & Pasta	Miso Glazed Chicken with Rice
Side Vegetables		Peking Cabbage & Shitake Mushroom	Choi Sum & Carrot	Green Cabbage & Corn	Broccoli & Shiitake Mushroom



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Allergens and descriptive icons are displayed on our daily menu, helping students to make informed dietary choices



From cage-free eggs to low-carbon footprint produce, sustainability is incorporated throughout our menus



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	07/09 Monday	08/09 Tuesday	09/09 Wednesday	10/09 Thursday	11/09 Friday
Main Course A	(Vegan) Stir-fried Singapore Noodles with Vegetables 	(Vegetarian) Taiwanese Tofu with Rice 	(Vegetarian) Eggplant Pasta Casserole  	(Vegan) Braised Vegetables in Lo Hon Style with Red Rice 	(Vegetarian) Margherita Pizza  
Main Course B	(Vegetarian) Vegetables Enchiladas with Roasted Potatoes  	Mongolian Chicken with Red Rice	Pork Schnitzel with Fries	Arrabbiata Garlic Chicken with Potatoes	BBQ Honey Roasted Chicken with Rice
Carving	Fish & Chip 	Beef Shepherd's Pie 	Classic Duck Leg Confit with Mashed Potatoes 	Braised Pork Knuckle with Rice	N/A
Chef Special	Braised Beef Brisket and Radish in Chu Hou Sauce with Rice	Pork Chop in Black Pepper Sauce with Potatoes	Crab Stick Steamed Egg with Rice  	Duck Breast with Orange Sauce & Potatoes (Duck à l'Orange) 	Hong Kong Style Chicken Fried Noodles 
Side Vegetables	Zucchini & Green Beans	Peking Cabbage & Shitake Mushroom	Choi Sum & Carrot	Green Cabbage & Corn	Broccoli & Shiitake Mushroom



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	14/09 Monday	15/09 Tuesday	16/09 Wednesday	17/09 Thursday	18/09 Friday
Main Course A	(Vegan) Salt & Pepper Tofu with Corn Rice 	(Vegetarian) Shanghai Style Fried Noodles with Egg & Vegetables  	(Vegetarian) Chunky Vegetable & Red Kidney Bean with Pasta 	(Vegan) Braised E-fu Noodles & Vegetables with Marinated Tofu 	(Vegetarian) Vegetables and Lentil Moussaka with Roasted Potatoes  
Main Course B	(Vegetarian) Mac & Cheese  	Macau Style Portuguese Chicken with Rice 	Hawaiian Shoyu Chicken with Rice	Malaysian Style Fish Curry with Rice  	Pepperoni Cheese Pizza 
Carving	Jumbo Cheese BBQ Chicken Burger with Fries 	Beef & Enoki Mushroom Roll with Rice	Mushroom & Cheese Stuffed Pork Loin with Roasted Potatoes 	Hainanese Chicken Rice	N/A
Chef Special	Beef in White Curry Sauce with Rice 	Shredded Chicken & Lettuce Fried Rice 	Fish Pie with Herbed Potatoes  	Beef Stroganoff with Roasted Potatoes	Shanghai Style Fried Noodles with Shredded Pork & Vegetables
Side Vegetables	Zucchini & Green Beans	Peking Cabbage & Shitake Mushroom	Choi Sum & Carrot	Green Cabbage & Corn	Broccoli & Shiitake Mushroom



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	21/09 Monday	22/09 Tuesday	23/09 Wednesday	24/09 Thursday	25/09 Friday
Main Course A	(Vegan) Braised Tofu with Rice 	(Vegetarian) Pan-fried Omelette with Potatoes  	(Vegetarian) Baked Cheese Broccoli & Cauliflower with Pasta  	(Vegan) Ratatouille Pasta 	(Vegetarian) Curried Cauliflower & Beans with Herbed Potatoes  
Main Course B	(Vegetarian) Vegetables Lasagna   	Steamed Chicken with Shiitake Mushrooms & Rice	Soy Sauce Braised Chicken Wings with Rice	Korean Roasted Pork Chop with Rice 	Hawaiian Pizza  
Carving	Beef Sirloin with Herbed Potatoes	BBQ Pork Ribs with Herbed Potatoes	Mexican Beef Wrap with Roasted Potatoes	Malaysia Chicken Skewer with Herbed Potatoes 	N/A
Chef Special	Hokkien Fried Rice  	Curried Beef Brisket with Rice 	Braised Eggplant with Minced Pork with Rice	Stir-fried Beef and Onion in Black Pepper Sauce with Potatoes	Steamed Pork Patty with Rice
Side Vegetables	Zucchini & Green Beans	Peking Cabbage & Shiitake Mushroom	Choi Sum & Carrot	Green Cabbage & Corn	Broccoli & Shiitake Mushroom



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	28/09 Monday	29/09 Tuesday	30/09 Wednesday Japan- Ethnic Gourmet	01/10 Thursday	02/10 Friday
Main Course A	(Vegan) Ratatouille with Roasted Potatoes 	(Vegetarian) Curried Red Kidney Beans and Cauliflower with Rice  	(Vegetarian) Stir-fried Noodles with Egg & Vegetables in Japanese Style   		
Main Course B	(Vegetarian) Baked Cheese Broccoli & Cauliflower with Pasta  	Creamy Mushroom and Chicken with Pasta 	Chicken Karaage with Rice 		
Carving	Fish & Chips 	Roasted Lamb Shoulder with Pita Bread & Salad	Miso Glazed Salmon Fillet with Roasted Potatoes  		
Chef Special	Ginger Pork Sauté with Rice	Japanese Style Curry Fish with Rice  	Teriyaki Minced Beef with Rice 		
Side Vegetables	Zucchini & Green Beans	Peking Cabbage & Shitake Mushroom	Choi Sum & Carrot		



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