



Renaissance College

Hong Kong

啓新書院

sodexo at SCHOOL

MAKE YOUR VOICE HEARD
Every voice matters

GIVE YOUR FEEDBACK TO US



SCAN THIS QR CODE SPEAK TO A STAFF MEMBER

MENU MECHANISM

NUTS FREE All our meals are Nuts Free

CAGE FREE All our eggs are Cage Free

MADE IN HONG KONG Discover Locally Made products

HK GROWN LOCALITY Savor Low Carbon footprint produce

50 FUTURE FOODS Ingredients good for Planet & Health

GO & ENJOY All our menus are reviewed by our nutritionists and tailored to the nutritional requirements of specific age groups.

OK BUT THINK

BE CAUTIOUS Our Food Traffic Light will guide students in making informed meal choices.

ALLERGEN ALERT & FOOD ICONS



A Healthy and Balanced Diet Every Day!

Scan QR code to follow & visit us

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Sodexo Hong Kong Website Sodexo Instagram

DISCLAIMER:

Our kitchen handles common allergens like gluten, soy, milk, eggs, fish, and seafood.

While we take every precaution to minimize cross-contamination within our kitchens, it may arise due to factors beyond our control and could alter the accuracy of allergen information provided.

Mar 02nd to 06th

Primary School Weekly Menu



	02/03 Monday	03/03 Tuesday	04/03 Wednesday	05/03 Thursday	06/03 Friday
Meal A	 Shiitake Mushroom Lentil Bolognese with Corn Rice (Vegan)	  Steamed Egg with Omni Meat & Mushroom on Red Rice (Vegetarian)	   Vegetables Lasagna (Vegetarian)	 Vegetable Balti with Rice (Vegan)	   Margherita Pizza (Vegetarian)
Meal B	  Mac & Cheese (Vegetarian)	 Chicken Stroganoff with Potatoes	 Miso Glazed Fish Fillet with Rice	Roasted Chicken & Bell Peppers with Baked Potatoes	Steamed Fish with Ginger & Spring Onion with Rice
Meal C	Lemon Roasted Chicken with Herbed Potatoes	Pork Shogayaki with Rice	Pork Loin Onion Sauce with Sautéed Potatoes	Greek Beef Stifado with Pasta	 Crispy Salted Chicken with Rice
Chef Special	Mongolian Beef with Rice	Spaghetti Bolognese	 Shredded Chicken & Lettuce Fried Rice	Stir-fried Kimchi & Pork Belly with Rice	  Pork Schnitzel with Roasted Potatoes
Daily Vegetable	Peking Cabbage & Shitake Mushroom	Broccoli & Zucchini	Green Cabbage & Carrot	Cauliflower & Corn	Choi Sum & Green Bean



- GO & ENJOY
- OK BUT THINK
- BE CAUTIOUS

Allergens and descriptive icons are displayed on our daily menu, helping students to make informed dietary choices



From cage-free eggs to low-carbon footprint produce, sustainability is incorporated throughout our menus



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Mar 09th to 13th

Primary School Weekly Menu



	09/03 Monday	10/03 Tuesday	11/03 Wednesday	12/03 Thursday	13/03 Friday
Meal A	 Teriyaki Tofu with Rice (Vegan)	  Vegetables Moussaka with Herbed Potatoes (Vegetarian)	   Spinach & Onion Frittata with Roasted Potatoes (Vegetarian)	 Zucchini, Olive & Tomato Stew with Pasta (Vegan)	 Miso Grilled Eggplant & Tofu with Rice (Vegetarian)
Meal B	  Japanese Style Vegetables Curry with Rice (Vegetarian)	Cajun Chicken with Rice	 Sweet & Sour Pork With Corn Rice	 Fennel Lemon Baked Fish Fillet with Herbed Potatoes	  Chorizo & Ham Pizza
Meal C	Chicken Cacciatore with Pasta	 Baked Fish Fillet & Parsley Crust with Pasta	Thyme & Cumin Roasted Chicken with French Fries	Stir-fried Long Beans & Minced Pork with Rice	Chicken Afritada with pasta
Chef Special	 Cheese & Pork Burger with Fries	 Yeung Chow Fried Rice	Thai Style Spicy Pepper Chicken with Rice	 Beef & Lettuce Fried Rice	 Japanese Style Pok Cutlet with Rice
Daily Vegetable	Peking Cabbage & Shitake Mushroom	Broccoli & Zucchini	Green Cabbage & Carrot	Cauliflower & Corn	Choi Sum & Green Bean



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Mar 16th to 20th

Primary School Weekly Menu



	16/03 Monday	17/03 Tuesday	18/03 Wednesday Greece - Ethnic Gourmet	19/03 Thursday	20/03 Friday
Meal A	 Japanese Style Omni Meat & Vegetables Fried Rice (Vegan)	  Cauliflower and Mixed Beans Curry with Red Rice (Vegetarian)	  Greek Salad Wrap with Herbed Potatoes (Vegetarian)	 Taiwanese Shallot oil Vegetables Noodles with Marinated Tofu (Vegan)	 Ratatouille Pasta (Vegetarian)
Meal B	  Creamy Mushroom Sauce with Pasta (Vegetarian)	Steamed Chicken with Cordyceps Flower & Mushroom on Rice	 Greek Pork & Cabbage Stew with Pasta	 Beef Stroganoff with Pasta	 Italian Beef Pizza 
Meal C	Chinese Style BBQ Pork with Rice	  Beef Lasagna	Greek Style Lemon Chicken with Potatoes	Kung-Pao Chicken (Nut Free) with Vegetable Rice	Chicken Scaloppine with Herbed Potatoes
Chef Special	Sweet Soy Sauce Chicken Leg with Rice	  Mee Goreng	 Greek Style Baked Fish Fillet & Tomato with Red Rice	Beef Burgundy with Pasta	 Sweet & Sour Fish with Rice
Daily Vegetable	Peking Cabbage & Shitake Mushroom	Broccoli & Zucchini	Green Cabbage & Carrot	Cauliflower & Corn	Choi Sum & Green Bean



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Mar 23rd to 27th

Primary School Weekly Menu



	23/03 Monday	24/03 Tuesday	25/03 Wednesday	26/03 Thursday	27/03 Friday
Meal A	 Spaghetti Napolitan & Vegetables with Veggie Dumpling (Vegan)	  Indian Vegetables Curry with Rice (Vegetarian)	  Marinated Tofu & Egg with Red Rice (Vegetarian)	 Stir-fried Vegetables and Singapore Rice Noodles (Vegan)	 Spanish Vegetarian Paella (Vegetarian)
Meal B	  Vegetables & Mushroom Cheese Roll with Roasted Potatoes (Vegetarian)	Apple Sage Pork Chop with Potatoes	 Chicken Cassoulet with Roasted Potatoes	Chinese Style Lemon Chicken with Rice	  Tuna & Bell Pepper Pizza
Meal C	Chicken Marbella with Corn Rice	Teriyaki Chicken with Brown Rice	Lemongrass Pork Chop with Rice	 Tandoori Fish Fillet with Roasted Potatoes	 Chicken Schnitzel with Fries
Chef Special	Teriyaki Beef & Leeks with Rice	  Hokkien Fried Rice	Basil Tomato & Beef Spaghetti	Thai Style Pan-fried Pork Jowl with Rice	Salt & Pepper Pork Chop with Rice
Daily Vegetable	Peking Cabbage & Shitake Mushroom	Broccoli & Zucchini	Green Cabbage & Carrot	Cauliflower & Corn	Choi Sum & Green Bean



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