


















June 02nd to 06th

Secondary School Weekly Menu



	02/06 Monday	03/06 Tuesday Japan - Ethnic Gourmet	04/06 Wednesday	05/06 Thursday	06/06 Friday
Meal A	 Ratatouille with Roasted Potato (Vegan)	 Pan Fried Tofu & Miso with Rice (Vegetarian)	 Taiwanese Sallot oil Mixed Noodle with Spring Roll (Vegetarian)	 Shitake Lentil Bolognese with Pasta (Vegan)	   Mushroom & Onion Frittata with Roasted Potato (Vegetarian)
Meal B	  Mixed Mushroom Stroganoff with Pasta (Vegetarian)	 Japanese Style Tomato & Chicken Fried Rice	 Pork Curry with Rice in Thai Style	King Dou Pork Chop with Rice	  Hawaiian Pizza
Carving	  Hong Kong Style Baked Chicken with Fried Rice	  Jumbo Cutlet Pork Chop with Rice & Shredded Cabbage	 Chicken Enchiladas with Fries	Korean Style Roasted Spring Chicken with Herbed Potato	N/A
Chef Special	 Fried Rice with Minced Beef & Lettuces	Beef Teriyaki with Rice	  Fish & CheeseBurger with Fries	  Nasi Goreng	Italian Meat Ball with Rice
Daily Vegetable	Cauliflower & Green Beans	Peking Cabbage & Shitake Mushroom	Green Cabbage & Carrot	Choi Sum & Shitake Mushroom	Broccoli & Carrot



GO & ENJOY
OK BUT THINK
BE CAUTIOUS

Allergens and descriptive icons are displayed on our daily menu, helping students to make informed dietary choices



June 09th to 13th

Secondary School Weekly Menu



	09/06 Monday	10/06 Tuesday	11/06 Wednesday Malaysia- Ethnic Gourmet	12/06 Thursday	13/06 Friday
Meal A	 Olive, Caper & Tomato Pasta (Vegan)	  Cauliflower & Beans Curry with Rice (Vegetarian)	 Vegetable Paella (Vegetarian)	 Pesto Roasted Veggie with Tomato Couscous (Vegan)	 Marinated Tofu & Mushroom with Rice (Vegetarian)
Meal B	  Steamed Egg & Mushroom with Rice (Vegetarian)	  Fish Florentine with Mashed Potato	 Chicken Curry with Rice in Malaysian Style	Pork Goulash with Pasta	 BBQ Chicken Pizza 
Carving	 Texas BBQ Pork Ribs with Mashed Potato	Mexican Beef Burrito with Corn Salsa	 Malaysia Chicken Skewer with Nasi Lemak	 Beef Shepherd's Pie	N/A
Chef Special	 Korean Kimchi Pork Belly Fried Rice	Grilled Thyme & Lemon Duck Breast with Garlic Potato	  Mee Goreng (Indonesian Noodle)	 Italian Style Fish Fillet & Tomato Sauce with Rice	Spaghetti Bolognaise
Daily Vegetable	Broccoli & Corn	Green Cabbage & Carrot	Cauliflower & Shitake Mushroom	Zucchini & Carrot	Choi Sum & Shitake Mushroom



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Renaissance
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Hong Kong

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June 16th to 20th

Secondary School Weekly Menu



	16/06 Monday	17/06 Tuesday	18/06 Wednesday	19/06 Thursday	20/06 Friday
Meal A	 Taiwanese Braised Tofu with Rice (Vegan)	  Baked Cauliflower & Broccoli with Rice (Vegetarian)	  Scrambled Egg , Tomato & Mushroom with Rice (Vegetarian)	 Chickpea & Tomato Tagine with Rice (Vegan)	   Spinach Frittata with Roasted Potato (Vegetarian)
Meal B	   Vegetable Lasagna (Vegetarian)	Stir-fried Chicken & Celery with Rice	Roasted Cajun Chicken with Herbed Potato	Garlic & Chicken Spaghetti	  Chorizo Mozzarella Cheese Pizza
Carving	   Baked Seafood Fried Rice with Tomato Sauce	Roasted Sirloin Beef with Herbed Potato	Roasted Curried Lamb Shoulder with Pita Bread	 Jumbo Cheese BBQ Chicken Burger with Fries	N/A
Chef Special	 Thai Style Pork Neck Fried Rice	 Orange & Fennel Roasted Fish Fillet with Herbed Potato	 Stir-fried Vegetable & Beef Udon	 Japanese Pork Chop Curry with Rice	Roasted Chicken in Bell Pepper Sauce with Rice
Daily Vegetable	Zucchini & Corn	Choi Sum & Carrot	Green Cabbage & Shitake Mushroom	Cauliflower & Green Beans	Broccoli & Carrot



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June 23rd to 27th

Secondary School Weekly Menu



	23/06 Monday	24/06 Tuesday	25/06 Wednesday	26/06 Thursday	27/06 Friday
Meal A	 Japanese Grilled Eggplant & Miso with Rice (Vegan)	 Taiwanese Style Stir-fried Vermicelli with Vegetables Dumplings (Vegetarian)	   Mixed Bell Pepper Frittata with Roasted Potato (Vegetarian)	 Mushroom E-fu Noodle with Spring Roll (Vegan)	
Meal B	  Vegetables Curry with Rice in Thai Style (Vegetarian)	 Pork Stroganoff with Rice	  Baked Fish Fillet & Parsley Crust with Pasta	Braised Pork & Pumpkin with Rice	
Carving	  Mini Burger with Fries (Beef / Potato Patty)	  Chicken Cordon Bleu with Mashed Potato	Hainanese Chicken with Turmeric Rice	Roasted Spring Chicken with Fries	
Chef Special	Japanese Style Beef with Rice	Buffalo Chicken with Roasted Potato	Shanghai Fried Noodle with Shredded Pork	 Malai Chicken Curry with Rice (Creamy White Chicken Curry)	
Daily Vegetable	Broccoli & Carrot	Zucchini & Corn	Green Cabbage & Carrot	Choi Sum & Shitake Mushroom	



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